

Age UK Berkshire What's On Guide Wokingham Area - July 2025

Dementia
Friendly
Wokingham

Berkshire
ageUK
Let's change how we age

Tel: 0118 959 4242 | Email: info@ageukberkshire.org.uk | Web: ageukberkshire.org.uk
For all other activities from our trusted partners, please use the contact info in the 'details' section

	What	Time & date	Where	Details
TUE	Memory Cafe	2-3.30pm 15th July	St Nicholas Church, Sutcliffe Ave, Earley, RG6 7JN	Free to join More info: 0118 966 9080 or email bookings@stnicholas.org.uk
	Singing by Heart	11am-12pm 1 st July	Salvation Army, Chalfont Close, RG6 5HZ (Satnav RG6 5UG, vehicle access via Durand Rd)	Email: lower.earley@salvationarmy.org.uk or call 0118 931 0760
	Boccia	11am-12pm Every Tuesday	Cantley Park Pavilion Wokingham RG40 5QG	£2.50 per session. Call 0118 959 4242 for more information
	MCST (Maintenance Cognitive Stimulation Therapy) Group 1	2-3.30pm 1 st & 15 th July	Radstock Community Centre, Radstock Lane, Lower Earley, RG6 5UZ	Pre-assessment essential. £5 per session. Call 0118 959 4242 for more info.
	MCST (Maintenance Cognitive Stimulation Therapy) Group 2	2-3.30pm 8 th & 22 nd July	Radstock Community Centre, Radstock Lane, Lower Earley, RG6 5UZ	Pre-assessment essential. £5 per session. Call 0118 959 4242 for more info.
	Social Drop-In at The George	11.30am-1pm 22 nd July	The George, Loddon Bridge Road, Earley, RG6 7EN	Free. (Drinks and food at additional cost)
WEDS	Social Drop-In at the Wee Waif	11am-12.30pm 16th July	The Wee Waif, Old Bath Road, Charvil, RG10 9RJ	Free. (Drinks and food at additional cost)
	Alzheimers Cafe	2-3.30pm 9 th & 23 rd July	Bradbury Centre, Rose Street, Wokingham, RG40 1XS	Free to join Call: 0118 977 6898 or email: office@wokinghammethodist.org.uk
THUR	Seated Yoga	1.30-3pm 24th July	Charvil Village Hall, Park Lane, Charvil, RG10 9TR	£2.50 per session. Call 0118 959 4242 for more info
	Singing for the Brain with The Alzheimers' Society	2-3.30pm 3 rd & 17 th July	Charvil Village Hall, Park Lane, Charvil, RG10 9TR	Booking required. Email: annabell.kirby@alzheimers.org.uk or call: 0118 959 6482
	Link Thursdays Community Pop-Up Cafe	10am-3pm Every week	All Saints Church, London Road, Wokingham, RG40 1TN	No need to book, just come along
FRI	St Sebastian's Cafe	1-2.30pm 11th July	St Sebastian's Parish Hall, Nine Mile Ride, Wokingham, RG40 3AT	Free, but donations welcome
	Memory Lane Singing Cafe	11am-12.15pm 25 th July	The Cornerstone, Norreys Avenue, Wokingham, RG40 1UE	£2.50 per person. Booking essential. Call 0118 959 4242

All activities are delivered by trained, experienced and friendly DBS-checked staff
from Age UK Berkshire and/or our trusted partners