

I attended the ARC Management Meeting on the 31st October 2023.

A recent professional training session on Trauma was held in Bournemouth and has proved very beneficial to all those counsellors and trainees who attended. Not only did it increase knowledge but also had a positive effect on team moral.

Eight new counsellors have completed their Level 5 Youth Counselling and are now providing an extra 20 sessions a week. ARC is now interviewing for the next batch of trainee counsellors.

The services of ARC are in high demand with 30 new requests for counselling being received each week.

ARC's finances continue to be under pressure as wages and running costs rise. Applications to charities and other bodies is a time-consuming process as more applications have to be made to cover costs. There have been a small number of donations and fund-raising activities.

Cllr Rosemary Cook