## Covid-19 / Coronavirus

Are you self-isolating? Or feeling unwell?

Do you need any help with:

## **Shopping / Prescriptions / Meals / Pets**

or simply a friendly phone call?

My name is	
and my phone number is	

Please call or text me and I'll do my best to help.

Alternatively if you are a Facebook user, please join our community page and post requests for help there.

You will find us at:

## **North Earley / Whitegates Covid-19 Support Group**

Covid 19 is contagious. We will maintain a 2 metre distance at all times. We will only deliver as far as your doorstep.

## Can you help others?

We are looking to build a team of local volunteers to help in our neighbourhood. If you are symptom free and have some time to spare please contact:

Cllr. Shirley Boyt 07952 721015 shirley.boyt@wokingham.gov.uk or

Cllr. Sheena Matthews 07766 424098 / sheenamatthews@earley-tc.gov.uk

Facebook group:

**North Earley / Whitegates Covid-19 Support Group**